

# WAVE STARTS

Wave	Time	Cap Colour	Event Category
1	6.45	Orange	Kool Kids Boys: 10 - 11
2	6.47	Green	Kool Kids Girls: 10 - 11
3	6.49	Blue	Kool Kids Boys: 7 - 9
4	6.51	Yellow	Kool Kids Girls: 7 - 9
5	6.53	Pink	Kool Kids Boys & Girls: First timers & Mini Mates
6	7.05	Green	Enticer Male: U14 & U16
7	7.07	Orange	Enticer Female: U14 & U16
8	7.09	Yellow	Enticer Male: 16 - 45+
9	7.11	Pink	Enticer Mates Wave & Teams
10	7.14	Blue	Enticer Female: 16- 45+
11	7.25	Orange	QTS Male: Open A
12	7.26	Green	QTS Female: Open B
13	7.28	Blue	Red Dog Club Wave
14	7.33	Yellow	Long Male: 50+ & Clydesdales & Teams
15	7.38	Green	Long Male: 40 - 49 & Mates Mave
16	7.50	Pink	Long Male: 15 - 39
17	8.08	Orange	QTS Long Female: 15 - 39
18	8.12	Yellow	QTS Long Female: 40+ & Athenas
19	8.26	Pink	Tri Nation Club Wave
20	8.30.	Blue	Super Sprint Male: 40+ & Sprint Teams
21	8.34	Orange	Super Sprint Male: 25 – 40 & Clydesdales
22	8.38	Green	Super Sprint Male: Under 25
23	8.42	Yellow	Super Sprint Mates Wave
24	8.52	Blue	Super Sprint Female: 40+ & Athenas
25	8.56	Pink	Super Sprint Female: 25 - 39
26	9.00	Green	Super Sprint Female: Under 25