

# Wave Starts

Wave	Time	Cap Colour	Event Category
1	6.45	Green	Kool Kids Boys : 10 - 11
2	6.47	Orange	Kool Kids Girls: 10 - 11
3	6.49	Yellow	Kool Kids Boys: 7 - 9
4	6.51	Blue	Kool Kids Girls: 7 - 9
5	6.53	Pink	Kool Kids Boys & Girls: Mini Mates & First Timers
6	7.05	Green	Enticer Male: U14 & U16
7	7.07	Orange	Enticer Female: U14 & U16
8	7.09	Yellow	Enticer Male: 16 - 45+, Mates Wave & Teams
9	7.13	Blue	Enticer Female: 16 - 45+
10	7.24	Pink	Long Male: Open A
11	7.25	Green	Long Female: Open B
12	7.27	Orange	Long Male: 15 - 39 + QTS Long Teams
13	7.32	Yellow	Long Male: 40 - 54
14	7.37	Blue	Long Mates Wave + Clydesdales + Male 55+
15	7.55	Green	Long Female: 15 - 39 + Athena
16	8.00	Pink	Long Female: 40+
17	8.15	Orange	Super Sprint Female: Under 25 & Athena
18	8.19	Blue	Super Sprint Female: 25 - 39
19	8.23	Yellow	Super Sprint Female: 40+
20	8.27	Pink	Super Sprint Mates Wave + Clydesdales
21	8.37	Green	Super Sprint Male: Under 25
22	8.41	Orange	Super Sprint Male: 40+
23	8.46	Yellow	Super Sprint Male: 25 - 39 + Sprint Teams